www.cdep.org.uk

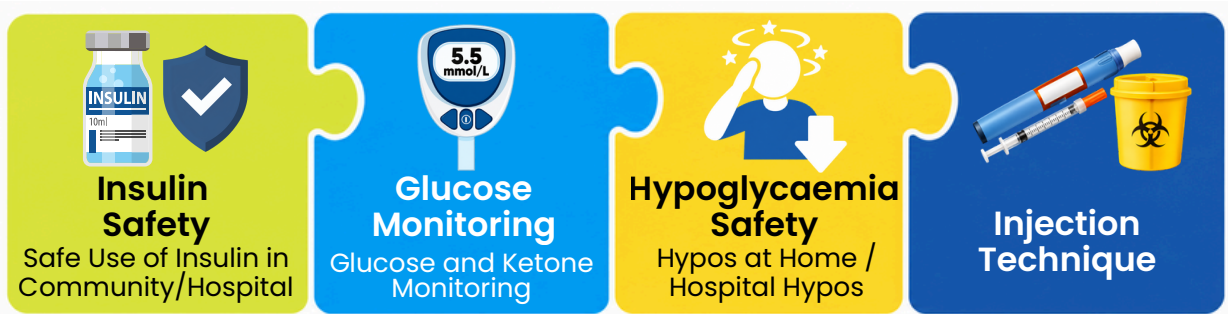
Cambridge Diabetes Education Programme

CDEP's Insulin Delegation Training Pathway

for HCA's and Health and Care Support Workers

Aligned to the Diabets UK / NHS Delegation of Insulin Administration framework (England) and current professional delegation principles.

1 CDEP Theoretical Competency Package



Insulin Safety
Safe Use of Insulin in Community/Hospital

Glucose Monitoring
Glucose and Ketone Monitoring

Hypoglycaemia Safety
Hypos at Home / Hospital Hypos

Injection Technique

CDEP compentency package passed!
Certificates and reflection documentation provided.

2 Local Practical Training and Delegation

Local Supervised Practice
≥5 observed administrations
≥5 supervised administrations

Practical Competency Sign-Off
Named registered practitioner

Patient-Specific Delegation
Individual care plan + local authorisation

Recommended Completion Frequency

- Complete before initial delegation
- Annual refresher of CDEP competency package
- Annual practical competency review
- Earlier reassessment and extended training if there is a care plan change, incident, or a prolonged period not perfoming the task

Why Commissioners Choose CDEP

- Standardised and quality assured
- Auditable and scalable across services
- Access via CDEP website or LMS/ESR
- Automated compliance and outcome reporting

Important! CDEP provides the theoretical competency component.
Local organisations remain responsible for governance, supervised practice, practical competency assessment and formal delegation.

Interested in deploying CDEP within your organisation?
Contact: **info@cdep.org.uk**

October 2026