



CDEP TOPICS



CDEP provides **4 levels of training competency**, as per the UK diabetes competency framework:

CORE

The minimum level for staff who have any contact with people living with diabetes. Ideal for HCAs, receptionists, students, psychologists, care workers etc.

INTERMEDIATE

Registered staff who are not primarily responsible for supporting people manage their diabetes, but their role may impact on care e.g. practice nurses, GPs, paramedics, ward/care home/mental health/prison staff, HCAs trained to deliver enhanced diabetes care, midwives, pharmacists, etc.

DIABETES SPECIALIST

Staff responsible for delivering the majority of diabetes care or for staff starting to specialise in supporting complex diabetes care e.g. practice nurse, GPs, dietitians, junior DSNs, diabetes link nurses, diabetes podiatrists / midwives / pharmacists, etc.

DIABETES EXPERT

Staff delivering intensive care to complex diabetes cases or delivering diabetes specialist support to other staff.

Once you have chosen a level, CDEP automatically offers topics appropriate for your level. If you need to change your level, you can easily update it in “My Account” on the My CDEP Dashboard.

CDEP levels are cumulative, in line with the national diabetes competency frameworks. For example, to obtain certification at the Diabetes Specialist level, you must demonstrate competency at the Core and Intermediate levels as well as the Specialist level. CDEP will automatically assign the topic at the level selected during registration. However, not all CDEP topics include all 4 levels. Some topics are designed for general awareness and may therefore include only Core and Intermediate levels. If you are registered at a higher level than the topic provides, your certificate will reflect the level you have successfully completed for that topic, rather than your CDEP registration level.

Topics (CPD times in minutes)

BLOOD GLUCOSE & KETONE MONITORING

Explores the principles of blood glucose and ketone monitoring.

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CARBOHYDRATE AWARENESS

Highlights the importance of carbohydrates in diabetes management. It can also be used as an introduction to carbohydrate counting.

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CARDIOVASCULAR HEALTH AND DIABETES

Raises awareness of how diabetes impacts on cardiovascular (heart) health.

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CARING FOR THE DIABETIC FOOT

Basic foot care & guidance for people living with diabetes, covering preventative care and the risk of foot complications.

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CONTINUOUS GLUCOSE MONITORING (CGM)

Introduces CGM, the different types of devices and their uses.

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DELIVERING THE DIABETES CARE PROCESSES

Efficiently deliver 8 of the 9 diabetes care processes.

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DIABETES 10 POINT TRAINING: ADULTS INPATIENT TEAMS

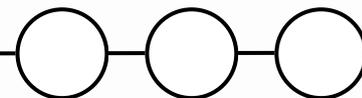
Supports staff working with inpatients in a hospital setting access basic diabetes training relevant to their role.

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DIABETES 10 POINT TRAINING: ADULT SOCIAL CARE WORKERS

Supports staff working in care homes or nursing homes access basic diabetes training relevant to their role.

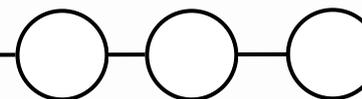
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DIABETES 10 POINT TRAINING: COMMUNITY NURSING TEAMS

Supports staff working in a community nursing team access basic diabetes training relevant to their role.

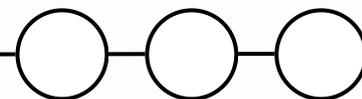
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DIABETES 10 POINT TRAINING: INPATIENT AND COMMUNITY MENTAL HEALTH WORKERS

Supports mental health workers in an inpatient or community setting access basic diabetes training relevant to their role.

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DRIVING WITH DIABETES

The impact diabetes may have on safe driving, including the risk of hyperglycaemia and current driving regulations.

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GLP-1 AGONISTS AND WEIGHT MANAGEMENT

This topic provides an insight into the role of GLP-1 agonists within the wider NHS weight management options.

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HYBRID CLOSED-LOOP (HCL) THERAPY

Introduction to HCL therapy, the different types of HCL systems available, and their use in people living with type 1 diabetes...

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HOSPITAL HYPOS

Essential training for all hospital-based staff supporting insulin- or sulphonylurea -treated diabetes in an acute ward setting.

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HYPOS AT HOME

Essential training for all health & social care staff supporting insulin- or sulphonylurea- treated diabetes in an outpatient, community or care setting.

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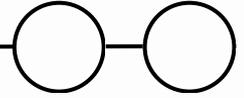


INJECTABLE THERAPIES

Indepth overview of the different injectable therapies available for the management of high blood glucose levels.

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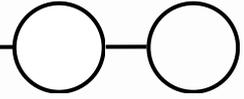


LEARNING DISABILITIES, AUTISM AND DIABETES

Raises awareness of the impact of living with a learning disability, autism and diabetes.

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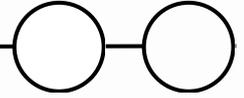


MANAGING DIABETES IN THE EMERGENCY DEPARTMENT

Essential training for staff working in the Emergency Department (ED). Based on the GIRFT (Getting It Right First Time) interactive pathways.

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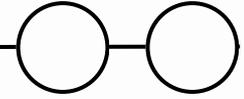


MENTAL HEALTH & DIABETES

Explores the impact of living with diabetes on someone's mental health.

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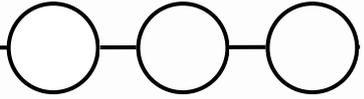
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NERVE HEALTH & DIABETES

Raises awareness of how diabetes impacts on nerve health.

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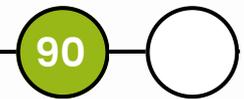
NUTRITION

Basic advice regarding healthy eating for people living with diabetes.

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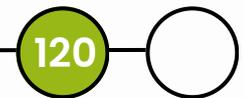
ORAL THERAPIES

Indepth overview of the different oral therapies available for the management of high blood glucose levels.

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PHYSICAL ACTIVITY WITH DIABETES

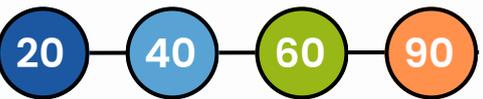
Explores the physical activity guidelines to empower people living with diabetes reap the benefits of being active.

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PREGNANCY PLANNING

The importance of pre-pregnancy planning for women living with type 1 and type 2 diabetes.

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RAMADAN & DIABETES

Empower people living with diabetes, who wish to fast safely during Ramadan.

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SAFE USE OF INSULIN IN THE COMMUNITY

Essential training for all health and social care staff supporting insulin-treated diabetes in an outpatient, community or care setting.

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SAFE USE OF INSULIN IN HOSPITAL

Essential training for all hospital-based staff supporting insulin-treated diabetes in an acute ward setting.

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WHAT IS DIABETES

An overview of all aspects of diabetes management as a great introduction to this long-term health condition.

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