

The commissioner's CDEP information pack



www.cdep.org.uk

What is CDEP?

CDEP is a *competency-based online diabetes learning tool* that supports *all levels* of healthcare practitioners (from unregistered to registered, non-diabetes specialist to diabetes specialist) demonstrate their diabetes knowledge and skills relevant to their role as per the nationally agreed diabetes competency frameworks.

A *variety of diabetes topics* are available which in total currently amounts to over **30 hours of diabetes study time**. New content is developed on an on-going basis and is launched once it has been rigorously tested.

CDEP also supports *professional revalidation* by displaying study time accrued on the certificates, providing opportunity for *reflection* as well as offering a secure portal to collect *practice-based feedback*.

How can CDEP help organisations with diabetes staff training?

CDEP currently supports many CCGs and Trusts deliver staff diabetes training to meet the outcomes identified as part of their diabetes transformation plans, including:

- ✓ promoting the achievement treatment targets,
- ✓ improving the uptake of structured education,
- ✓ supporting multidisciplinary foot care teams and
- ✓ inpatient DSN services

by providing easily accessible, high-quality, online diabetes education to promote optimal diabetes management and patient safety.

What does CDEP cost?

A small registration fee is charged - £25 - for an individual to have full access to CDEP for 12 months.

CDEP offers significant discounts to organisations who wish to purchase bulk licences to allow their staff free access at the point of registration.

No of individual registrations required	Discount applied	Total cost per registration
01-24	0%	£25
25-74	5%	£23.75
75-199	10%	£22.50
200-499	15%	£21.25
500-999	40%	£15.00
1000+	60%	£10.00

What is included in a bulk license purchase?

- Each licence can be used to create a single CDEP account which is valid for 12 months from the date of registration.
- Staff are able to create their own CDEP accounts using a special registration key code to obtain free access to CDEP at the point of registration.

- All bulk licenses should be utilised within 2 years from the purchase date. CDEP will work closely with commissioners to support appropriate uptake and utilisation of the licences.
- All new features and content developed will be added to all CDEP accounts free of charge.
- Access to the [CDEP Commissioner's Portal](#) in order to monitor uptake and outcomes within your CDEP staffing cohort.
- Video conferences to raise awareness of CDEP amongst key staff members can be offered as part of the roll-out of CDEP.
- Provision of material (CDEP flyers with the relevant registration information and FAQs, generic slide decks, etc) for the purchaser to utilise to support uptake.
- CDEP will send out newsletters to all CDEP account holders and CDEP commissioners, at appropriate intervals, making them aware of new features and contents to promote ongoing engagement with CDEP.
- If a CDEP licence has been used to create an account, but at 6 months no learning activity has occurred, despite regular gentle nudging by CDEP, the account will be archived and the licence returned for re-use.
- CDEP email support is available as/when required.

What are CDEP outcomes?

CDEP is designed to be done in 'bite-sized chunks' Your staff are busy people, so CDEP allows them to attempt a competency at a time within a topic – one can take as little as a minute to do. Once a competency is finished, it will automatically be saved, so no work will be lost if people dip in and out when they have a spare moment! CDEP topics are free standing, so a ***CPD certificate and reflection document is generated on the completion of each topic.***

CDEP's mobile responsive website means that staff can access CDEP from their desktop, smartphone or tablet ***at any time convenient to them***, so long as they have wifi or internet access.

Since COVID hit the UK in March 2020, **63 CDEP topics a day (7 days a week)** were successfully completed, showing that CDEP is ***'do-able' in a busy healthcare worker's life*** and online training is very sought after.

Once a topic is successfully completed, a topic certificate and reflection sheet is automatically generated with the CPD time allocated to that topic. Staff also accrue **CDEP rewards** for topics they complete. These rewards are either free resources or discounts on purchasing resources or other training that support good quality diabetes care.

The average evaluation of CDEP across all topics:

(Audit date: Oct 2020)

99.9% of CDEP users undertaking a topic (n= 40,962) either confirm (14%) or improve their diabetes knowledge (86%). For those reporting an improvement, the breakdown across our 3 outcomes domains is as follows:

- **87%** of users rate an ***improvement*** or ***significant improvement*** in **competence**.
- **85%** of users rate an ***improvement*** or ***significant improvement*** in **confidence**.
- **86%** of users rate an ***improvement*** or ***significant improvement*** in **familiarity with diabetes guidelines**.

CDEP endorsement / accreditation

CDEP is endorsed by the **British Association of Prosthetics and Orthotics, Cambridge University Health Partners, Diabetes UK** and the **British Dietetics Association**. CDEP is accredited by the **Royal College of Nursing, the Royal College of Midwives** and the **College of Podiatry**.



Need more information about CDEP?

Please contact: Candice Ward, Lead CDEP educator at candice.ward@addenbrookes.nhs.uk