

DIABETES 10 POINT TRAINING



CDEP is delighted to partner with *NHS North West London ICB* to make the [Diabetes 10 Point Training](#) available on CDEP.

**This training supports health & social care staff to access basic diabetes training relevant to their roles.**

**Focus Topic:**



Diabetes  
Training



**Community  
nursing teams**



**This topic covers 10 points:**

- |                                                      |                                                                                |
|------------------------------------------------------|--------------------------------------------------------------------------------|
| 1. The Person                                        | 6. Insulin and Medication Safely                                               |
| 2. Know the Difference Between the Types of Diabetes | 7. Feet                                                                        |
| 3. Glucose and Ketone Monitoring                     | 8. Eating with Diabetes                                                        |
| 4. Hypoglycaemia (low glucose levels)                | 9. Referring to the GP, Diabetes Care Provider, Mental Health or Podiatry Team |
| 5. Hyperglycaemia (high glucose levels)              | 10. Ensure Access to Diabetes Care, Information and Review                     |



The online training is delivered through a series of short videos with links for further reading and quizzes that will reinforce the learning. It will take  $\pm 1$  hour to finish but doesn't have to be done in 1 go... Dip in and out as time allows. Completing a topic generates a *certificate, reflection form* and *CDEP rewards!*

Sign into [www.cdep.org.uk](http://www.cdep.org.uk) and start **Diabetes 10 Point Training** today!