

## CONTINUOUS GLUCOSE MONITORING



### AIM:

This topic introduces **health and social care staff** to **Continuous Glucose Monitoring (CGM)**, the **different types of devices** and **their use**. Depending on selected CDEP levels, it focuses on:

- ✓ who is **eligible to use it**;
- ✓ how to support people living with diabetes **manage their glucose levels while using CGM**;
- ✓ the **advantages and disadvantages of CGM**;
- ✓ how to **advise people living with diabetes in relation to their CGM data**
- ✓ **when CGM should be used with caution or discontinued**, and **troubleshoot issues**.

### DURATION:

 This topic will take roughly **30–90 minutes to complete**.

The completed topic will generate :

- a **certificate**
- **reflection form** for *revalidation* and *appraisals*
- and **CDEP rewards!**



Start the **Continuous Glucose Monitoring (CGM)** topic today!

- **sign in to CDEP**, or
- **see if the topic has been added to your Trust's training portal.**



For more information, pls email us on [info@cdep.org.uk](mailto:info@cdep.org.uk)

