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## **GLP-1 AGONISTS AND WEIGHT MANAGEMENT**



#### AIM:

This topic provides an insight into the role of GLP-1 agonists within the wider NHS weight management options.

Depending on selected CDEP level, it focuses on how to:

- Have an awareness of obesity and its treatment.
- 🗸 Appreciate the role of Glucagon-like peptide-1 (GLP-1) receptor agonists.
- 💋 Identify when a GLP-1 agonist should be used to support weight loss.

#### **DURATION:**

This topic will take roughly 30-60 minutes to complete

#### The completed topic will generate:

- a certificate
- reflection form for revalidation and appraisals
- CDEP rewards!



### Start the GLP-1 Agonists and Weight Management topic today!

- Sign in to CDEP or
- See if the topic has been added to your Trust's LMS or ESR.



