



BLOOD GLUCOSE AND KETONE MONITORING



AIM:

This topic provides health and social care staff with the **key principles of blood glucose and ketone monitoring**. Depending on selected CDEP levels, it focuses on how to:

- ✓ **Perform the test** according to manufacturers instructions, and **document the results**;
- ✓ Follow **local policy** for **safe disposal of sharps** and **quality assurances procedures**;
- ✓ **Recognise and treat hypoglycaemia**;
- ✓ **Interpret** the test results, and make the **appropriate referral**, if necessary;
- ✓ **Teach the testing procedure** to people living with diabetes (or their carers);
- ✓ **Identify and demonstrate an understanding** of when **testing for ketones** is appropriate.

Please note: Continuous Glucose Monitoring (CGM) is covered in a separate CDEP topic.

DURATION:



This topic will take roughly **1 hour to complete**.

Start Blood Glucose and Ketone Monitoring today!

- **Sign in to CDEP or**
- **See if the topic has been added to your Trust's ESR or LMS**

CDEP



For more information, pls email us on info@cdep.org.uk

